



Faith Lutheran Church and School
9041 166th Ave. NE ~ Redmond, WA 98052
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September 2, 2009

All parents, teachers, staff, volunteers, and visitors to Faith Lutheran Church and School are required to read this letter, sign that you understand and will agree to the terms listed below, and return to the church /school no later than **Thursday September 10, 2009** or on the day of your visit in the case of a visitor.

To: Parents, teachers, staff, volunteers, and visitors to Faith Lutheran Church and School

RE: Precautions for flu virus

Due to the recent outbreaks of the "Swine Flue" we will be taking the following precautions at Faith Lutheran Church and School. There is no cause for fear at this point. This is a measure to prevent the spread of infections.

As a parent, teacher, staff, volunteer, and/or visitor to Faith Lutheran Church or School (FLC & S) we ask you to agree to the following:

1. Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. (We often recommend that our students use their "cough pocket". This is the bend in their elbow.)
2. Wash your hands prior to or on your arrival to FLC & S.
3. Wash your hands after you cough or sneeze. Alcohol-based hands cleaners are also effective.
4. Avoid touching your eyes, nose or mouth. Germs spread that way.
5. Try to avoid sick people. (Influenza, virus infection, is thought to be spread mainly person-to-person through coughing or sneezing of infected people.)
6. If you get sick, or are concerned you or your child may be getting sick, stay home from work or school and limit contact with others to keep from infecting them.
7. Faith Lutheran Church and School is asking that people who are sick, are concerned their child is sick, or are concerned they are "coming down with something" or are unsure if they have a virus, do not attend school or church sponsored activities.

Your signature below indicates your understanding of the above listed precautions and requests. Please return this form no later than Wednesday April 29th, 2009. If you are a visitor to our school we ask that you read and sign upon your arrival and use of the facility.

printed name

date

signature

child(s) name

Thank you for your understanding and cooperation.

Sincerely,

Faith Lutheran Church and School Office Staff